

## A fresh new program

Created to enhance swimmer progression, with fun new characters that reflect the local Bayside community.

## All ages, abilities and skill levels welcomed

Uniquely designed for all ages, abilities, and skill levels. Our babies' programs commence from 6 months old, and we have suitable programs for children, adolescents, and adults.

It doesn't matter where you are on your swimming journey, we have a suitable program for you. Our lessons are easily adapted to cater for any specific needs.

## A practical membership approach

Our program will run 48 weeks of the year. There is no need to enrol each term as your lesson time is secure.

An automatic pause will take place over the Christmas and New Year period, and outside of this, lessons can be paused for up to 6 weeks per year.

## Free swimming outside lesson times

We care about your progression. Any student enrolled in a swim lesson membership, has free access to the pool outside of their lesson times. A great way to encourage practicing of new skills.

## Excited and fully trained teachers

All our teachers have been trained by leading industry bodies who undergo regular training to ensure our teachers remain at the forefront of any new teaching trends. Our teachers care about your progression.

## Angelo Anestis Aquatic Centre

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Angelo  
Anestis  
Aquatic  
Centre



# Welcome to the Learn to Swim Program



Our modern and personalised Learn to Swim Program has been designed specifically for the Bayside community. You may notice that we have chosen our symbolic animals that you have seen in the Bayside area.

On your next walk within the Bayside community, you may like to try and find the green and golden bell frog, Eastern Water Dragon, Pacific Black Duck, Eastern Snake-necked Turtle, Australian Pelican, and the Black Swan who all reside in the Bayside area.

# Learn to Swim Program Progression Chart

**Fish Dhanj**  
6 - 12 MONTHS



**Frog Djarungali**  
13 - 23 MONTHS



**Turtle Bilima**  
24 - 36 MONTHS



**Lobster Yangah**  
3 - 5 YEARS



**Eel Bara**  
3 - 5 YEARS



**Soldier Crab Gariga**  
3 - 5 YEARS



**Water Dragon Waruga**  
5 - 12 YEARS



**Octopus Djungaa**  
5 - 12 YEARS



**Swan Gunyung**  
5 - 12 YEARS



**Duck Wumbarra**  
5 - 12 YEARS



**Pelican Garunggaba**  
5 - 12 YEARS



**Kingfish Gumbarrinjal**  
5 - 13 YEARS



**Shark Yanaga**  
5 YEARS +



**Whale Burri Burri**  
5 YEARS +



**Squad L1**  
5 YEARS +



**Squad L2**  
5 YEARS +



**Adolescent Beginner L1**  
14 - 17 YEARS



**Adolescent Advanced L2**  
14 - 17 YEARS



**Adult Beginner L1**  
18 YEARS +



**Adult Advanced L2**  
18 YEARS +

